



The National Survey of Children's Health

Overweight and Physical Activity Among Children:
A Portrait of States and the Nation 2005

South Carolina

All statistics are based on parental reports.

National %	State %	
14.8	18.9	Percent of children who are overweight
21.9	31.9	Age 10-11
14.4	16.7	Age 12-14
10.7	13.9	Age 15-17
22.4	24.4	0-99% Federal poverty level
19.0	21.5	100-199% Federal poverty level
13.7	18.3	200-399% Federal poverty level
9.1	10.8	400% Federal poverty level or more
18.1	21.8	Male
11.5	16.2	Female
		Percent of children who exercised or participated in physical activity for at least 20 minutes on 3 or more days during the past week
71.3	67.5	
78.2	80.5	Age 10-11
74.2	69.9	Age 12-14
63.3	56.4	Age 15-17
76.8	76.8	Male
65.6	58.4	Female
		Percent of children who were on a sports team or took sports lessons during the past 12 months
58.6	45.3	
61.5	52.9	Age 10-11
61.6	43.7	Age 12-14
53.4	42.5	Age 15-17
62.1	51.7	Male
55.0	39.0	Female
72.9	72.9	Percent of children with at least one parent who exercises regularly